

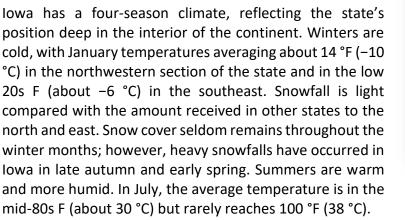


https://www.britannica.com/place/lowa-state/Climate

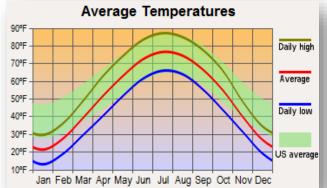
**MAJOR CITIES:** 

North East Iowa East Iowa East Central Iowa

Central Iowa North West Iowa Waterloo Davenport Cedar Rapids, Iowa City Des Moines Sioux City



Precipitation is seasonal, falling mostly in the summer. The annual average rainfall ranges from less than 26 inches (660 mm) in the northwest to more than 38 inches (965 mm) in the southeast. Iowa has experienced severe flooding as a result of rapid snow melt and heavy summer rainstorms. Some of the most severe flooding in Iowa occurred in 1993 when the state received twice its average annual rainfall; much of the state remained flooded for four months, with roads inaccessible, water systems inoperable, housing uninhabitable, and farmland unusable. The state was again hit with disastrous floods in 2008, and thousands of people had to be evacuated from rising waters. The risk of flooding has increased with the tilling of farm fields and the straightening of some rivers and streams.



### **CULTURAL ACTIVITIES**







#### Click on these sites for more cultural activity ideas:

- <u>https://www.traveliowa.com/places-to-go/</u>
- <u>https://www.busytourist.com/things-to-do-places-to-visit-iowa/</u>
- <u>https://www.atlasobscura.com/things-to-do/iowa</u>

High Trestle Trail Bridge - Madrid https://www.inhf.org/what-wedo/protection/high-trestle-trail/

Lover's Leap Swinging Bridge – Columbus Junction https://columbusjunctioniowa.org/

Pottawattamie Squirrel Cage Jail – Council Bluffs https://www.thehistoricalsociety.org/museums/sq uirrel-cage-jail-1.html

American Gothic House - Eldon https://americangothichouse.org/

Matchstick Marvels Museum - Gladbrook https://www.matchstickmarvels.com/

Castles of Ida Grove – Ida Grove https://idagroveia.com/activities/castles/

Pappajohn Sculpture Park – Des Moines https://desmoinesartcenter.org/visit/pappajohnsculpture-park/

Vermeer Windmill - Pella https://www.pellahistorical.org/vermeerwindmill

University of Iowa Museum of Natural History – Iowa City https://mnh.uiowa.edu/

# **GROCERY SHOPPING**

| Hy-Vee              | Save-a-Lot     |
|---------------------|----------------|
| Wal-Mart Superstore | Dollar General |
| Fareway Stores Inc. | Aldi           |

Click on this link for more grocery stores:

http://supermarketpage.com/state/IA/





## **SHOPPING MALLS**

Click on this link for a list of shopping malls: https://mallseeker.com/iowa-malls.aspx

### **PHARMACIES**

| CVS Pharmacy       | Hy-Vee Pharmacy   |
|--------------------|-------------------|
| Target Pharmacy    | Wal-Mart Pharmacy |
| Walgreens Pharmacy |                   |

#### Click here to locate other pharmacies:

https://www.goodrx.com/pharmacy-near-me/all/ia



## **POST OFFICES / SHIPPING**



Click here for more information: http://www.postofficehours.net/state/IA.html



Click here for more information: https://local.fedex.com/en-us/ia



Click here for more information: https://locations.theupsstore.com/ia

### TIME ZONES

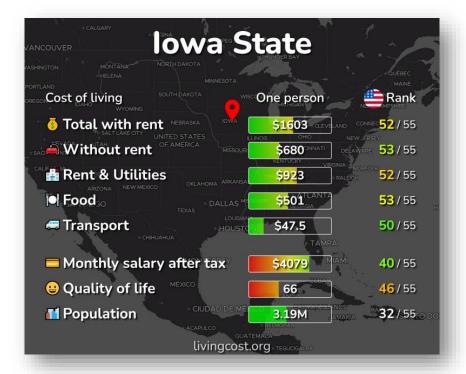


#### Click here for more information:

https://www.timetemperature.com/tzus/iowa\_t ime\_zone.shtml

| Iowa Local Time Details       |  |  |
|-------------------------------|--|--|
| Time Zone                     | Central Standard Time - is abbreviated as CST    |  |
| Abbreviations                 | Central Daylight Time - is abbreviated as CDT    |  |
| UTC - GMT                     | Iowa is GMT/UTC - 6h during Standard Time        |  |
| Offset                        | Iowa is GMT/UTC - 5h during Daylight Saving Time |  |
| Daylight Saving<br>Time Usage | Iowa does utilize Daylight Saving Time.          |  |
| Daylight Saving               | Iowa starts Daylight Saving Time on              |  |
| Start Date                    | Sunday March 10, 2024 at 2:00 AM local time.     |  |
| Daylight Saving               | Iowa ends Daylight Saving Time on                |  |
| End Date                      | Sunday November 3, 2024 at 2:00 AM local time.   |  |

### **COST OF LIVING IN IOWA**



#### Click here for more information: https://livingcost.org/cost/united-states/ia



### MINIMUM WAGE

| State | 2024 Minimum Wage | 2024 Tipped Wage |
|-------|-------------------|------------------|
| IA    | \$7.25            | \$4.35           |

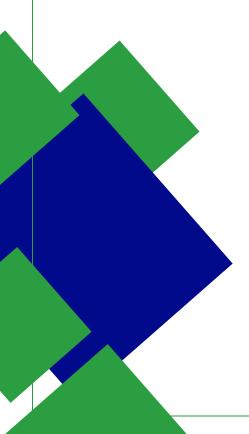
#### Click here for more information:

https://www.dol.gov/agencies/whd/minimum-wage/state#ia or

https://www.dol.gov/agencies/whd/state/minimum-wage/tipped#Iowa

## WORKERS' COMPENSATION

Click here for more information: <a href="https://www.iowaworkcomp.gov/">https://www.iowaworkcomp.gov/</a>





## **TRANSPORTATION SERVICES**

Click here for more information:

https://www.apta.com/research-technical-resources/public-transportation-links/iowa/

**Ride Sharing:** 

www.uber.com

www.lyft.com

BridgeUSA