

Oregon OREGON





flag



seal



bird: western meadowlark



flower: Oregon grape



tree: Douglas fir

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For more information about OREGON, click here:

www.oregon.gov



https://www.britannica.com/place/Oregon-state/Climate

Oregon has a generally temperate climate, but there are marked regional variations. The Cascade Range separates the state into two broad climatic zones: the western third, with relatively heavy precipitation and moderate temperatures, and the eastern two thirds, with relatively little precipitation and more extreme temperatures. Within these general regions, climate depends largely on elevation and land configuration.

In January, normal daily mean temperatures range from more than 45°F (7°C) in the coastal sections to between 25°F (–4°C) and 28°F (–2°C) in the southeast. In July, the normal daily means range between 65°F (18°C) and 70°F (21°C) in the plateau regions and central valleys and between 70°F (21°C) and 78°F (26°C) along the eastern border. Oregon's record low temperature, –54°F (– 48°C), was registered at Seneca on 10 February 1933; the all-time high, 119°F (48°C), at Pendleton on 10 August 1898.

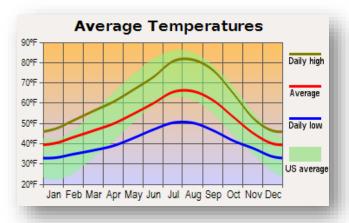
The Cascades serve as a barrier to the warm, moist winds blowing in from the Pacific, confining most precipitation to western Oregon. The average annual rainfall (1971–2000) in Portland was 37 in (94 cm); rainfall elsewhere varied from less than 8 in (20 cm) in the drier plateau regions to as much as 200 in (508 cm) at locations on the upper west slopes of the Coast Range. In the Blue Mountains and the Columbia River Basin, totals are about 15 in (38 cm) to 20 in (51 cm). In Portland, fog is common, and the sun shines, on average, during only 39% of the daylight hours— one of the lowest such percentages for any major US city. From 300 in (760 cm) to 550 in (1,400 cm) of snow falls each year in the highest reaches of the Cascades.

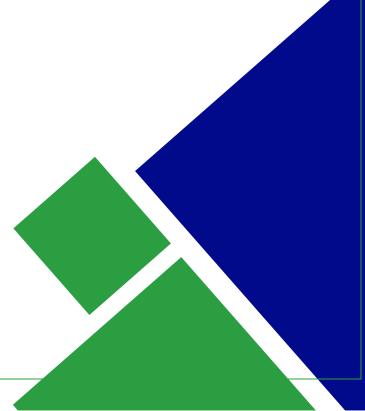
MAJOR CITIES:

Northwest Oregon Portland, Salem,

Eugene

Central Oregon Bend





CULTURAL ACTIVITIES







Click on these sites for more cultural activity ideas:

- https://www.visitoregon.com/things-to-doin-oregon/
- https://www.planetware.com/touristattractions/oregon-usor.htm
- https://www.busytourist.com/things-to-doand-places-to-visit-in-oregon/

Columbia River Gorge National Scenic Area - Portland

https://www.fs.usda.gov/crgnsa

Oregon Museum of Science and Industry – Portland

https://omsi.edu/

Cascades Raptor Center - Eugene https://cascadesraptorcenter.org/

The Museum of Natural and Cultural History-Eugene

https://mnch.uoregon.edu/

Oregon Air and Space Museum- Eugene http://www.oasmuseum.com/

Enchanted Forest Theme Park - Salem https://www.enchantedforest.com/

Bush House Museum - Salem https://bushhousemuseum.org/

Dechutes National Forest - Bend https://www.fs.usda.gov/main/deschutes/home

Astoria Column - Astoria https://astoriacolumn.org/

GROCERY SHOPPING

Albertsons	Food 4 Less
Costco	Safeway
Fred Meyer	Wal-Mart Supermarket

Click on this link for more grocery stores:

http://supermarketpage.com/state/OR/



SHOPPING MALLS

Click on this link for a list of shopping malls: https://mallseeker.com/oregon-malls.aspx

PHARMACIES

Rite Aid Pharmacy	Safeway Pharmacy
Fred Meyer Pharmacy	Walgreens Pharmacy
Wal-Mart Pharmacy	

Click here to locate other pharmacies:

https://www.goodrx.com/pharmacy-near-me/all/or



POST OFFICES / SHIPPING



Click here for more information:

http://www.postofficehours.net/state/OR.html



Click here for more information:

https://local.fedex.com/en-us/or



Click here for more information:

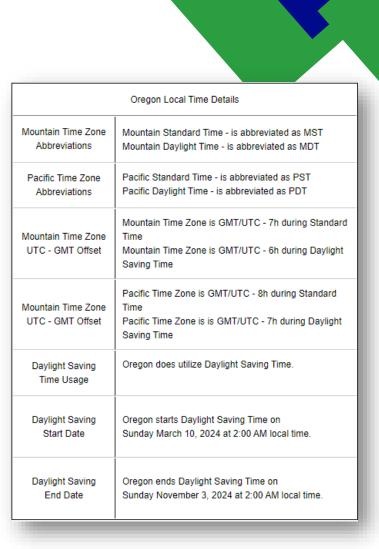
https://locations.theupsstore.com/or

TIME ZONES

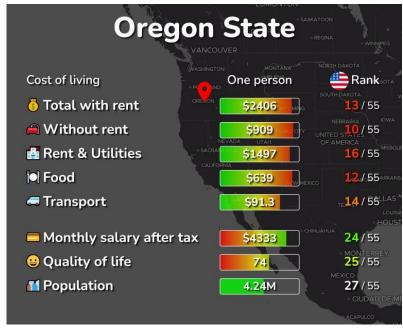


Click here for more information:

https://www.timetemperature.com/tzus/oregon time zone.shtml



COST OF LIVING IN OREGON



Click here for more information:

https://livingcost.org/cost/united-states/or



MINIMUM WAGE

State	2024 Minimum Wage	2024 Tipped Wage
OR	\$13.20 - \$15.45	\$14.20

^{*}minimum depends upon area

Click here for more information:

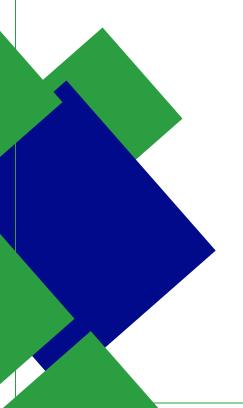
https://www.dol.gov/agencies/whd/minimum-wage/state#or

https://www.dol.gov/agencies/whd/state/minimum-wage/tipped#Oregon

WORKERS' COMPENSATION

Click here for more information:

https://wcd.oregon.gov/Pages/index.aspx





TRANSPORTATION SERVICES

Click here for more information:

https://www.apta.com/research-technical-resources/public-transportation-links/oregon/

Ride Sharing:

www.uber.com

www.lyft.com

