

# NORTH DAKOTA



For more information about NORTH DAKOTA, click here:

<https://nd.gov/>



## NORTH DAKOTA – CLIMATE

<https://www.worlddata.info/america/usa/climate-north-dakota.php>

North Dakota's climate is typical of a continental climate with cold winters and warm-hot summers. The state's location in the Upper Midwest allows it to experience some of the widest variety of weather in the United States, and each of the four seasons has its own distinct characteristics.

Sub-humid continental climate. Annual mean precipitation ranges from 13 inches in the northwest to more than 20 inches in the southeast. Average yearly temperature ranges from 37 degrees F in the northeast to 43 degrees in the south. January, the coldest month, average temperatures range from 2 degrees in the northeast to 17 degrees in the southwest. July, the warmest month, average temperatures range from 67 degrees in the northeast 73 degrees in the south. The all-time high was 121 degrees at Steele on July 6, 1936. The all-time low was -60 degrees at Parshall on February 15, 1936. Being 1,000 miles (1,609 km) from any large body of water (with the exception of Lake Superior), temperatures and precipitation in North Dakota can vary widely. North Dakota is far enough north to experience -60 °F (-51 °C) temperatures and blizzards during the winter months, but far enough south to experience 121 °F (49 °C) temperatures and tornado outbreaks in the summer. The 181°F degree (100 °C) variation between North Dakota's highest and lowest temperature is the 3rd largest variation of any U.S. State, and the largest of any non-mountainous state.

## MAJOR CITIES:

Northwest North Dakota	Minot
Southwest North Dakota	Bismarck
Southwest North Dakota	Dickinson
Northeast North Dakota	Grand Forks
Southeast North Dakota	Fargo

# CULTURAL ACTIVITIES

Click on these sites for more cultural activity ideas:

- <https://www.ndtourism.com/best-places/30-must-see-places-north-dakota>
- <https://www.midwestliving.com/travel/north-dakota/20-things-to-do-north-dakota/>
- <https://vacationidea.com/destinations/best-things-to-do-in-north-dakota.html>

**World's Largest Buffalo - Jamestown**

<https://discoverjamestownnd.com/>

**Dakota Zoo – Bismarck**

<https://www.dakotazoo.org/>

**Roughrider Days Fair and Expo - Dickinson**

<https://www.roughriderdaysfair.com/>

**Bandshell Concert Series - Dickinson**

<https://dickinsonparks.org/bandshell-concert-series/>

**Dickinson Museum Center & Badlands Dinosaur Museum - Dickinson**

<http://dickinsonmuseumcenter.com/>

**Lewis and Clark State Park - Epping**

<https://www.parkrec.nd.gov/>

**Roosevelt Park Zoo - Minot**

<https://rpzoo.com/>

**Fargo Air Museum - Fargo**

<https://fargoairmuseum.org/>

**Fort Abraham Lincoln State Park - Mandan**

<https://www.ndtourism.com/mandan/attractions-entertainment/family-fun/fort-abraham-lincoln-state-park>



# GROCERY SHOPPING

Albertsons	Hornbachers Foods
Dans Super Market	Stop & Shop
Econo Foods	Sunmart

Click on this link for more grocery stores:

<http://supermarketpage.com/state/ND/>



## SHOPPING MALLS

Click on this link for a list of shopping malls:

<https://mallseeker.com/north-dakota-malls.aspx>

## PHARMACIES

CVS Pharmacy	Walgreens
Thrifty White Pharmacy	The Medicine Shoppe

Click here to locate other pharmacies:

<https://www.goodrx.com/pharmacy-near-me/all/nd>





## POST OFFICES / SHIPPING



**United States Postal Service**

Click here for more information:

<http://www.postofficehours.net/state/ND.html>

**FederalExpress**

Click here for more information:

<https://local.fedex.com/en-us/nd>

**UPS**

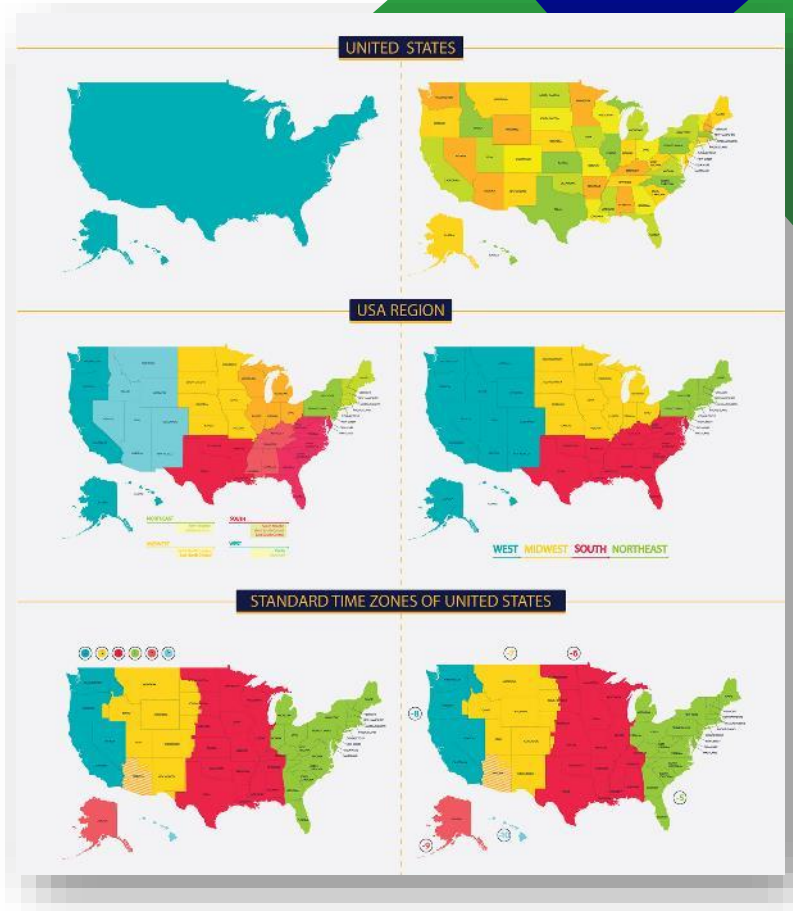
Click here for more information:

<https://locations.theupsstore.com/nd>

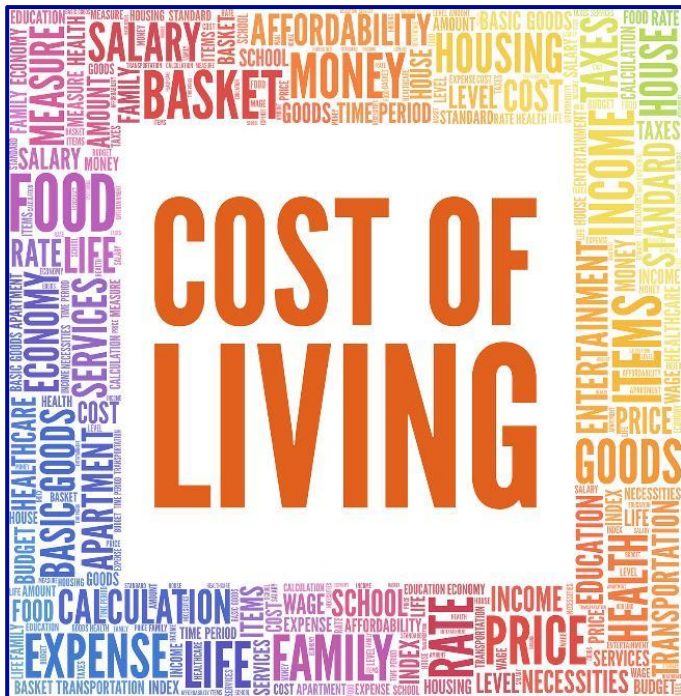
## TIME ZONES NORTH DAKOTA

Click here for more information:

[https://www.timetemperature.com/tzus/northdakota\\_time\\_zone.shtml](https://www.timetemperature.com/tzus/northdakota_time_zone.shtml)



# COST OF LIVING IN NORTH DAKOTA



Click here for more information:

<https://livingcost.org/cost/united-states/nd>



## MINIMUM WAGE

State	2025 Minimum Wage	2025 Tipped Wage
ND	\$7.25	\$4.86

Click here for more information:

<https://www.dol.gov/agencies/whd/minimum-wage/state#nd>

or

<https://www.dol.gov/agencies/whd/state/minimum-wage/tipped#NorthDakota>

## WORKERS' COMPENSATION

Click here for more information:

<https://www.workforcesafety.com/>



## TRANSPORTATION SERVICES

Click here for more information:

<https://www.apta.com/research-technical-resources/public-transportation-links/north-dakota/>

Ride Sharing:

[www.uber.com](http://www.uber.com)

[www.lyft.com](http://www.lyft.com)

